# Christ Church Ridley Park

# Prayer During the Day for august 2020

Text in **bold** may be said by all, if saying it with others.

O God, make speed to save us. O Lord, make haste to help us.

Be strong and let your heart take courage all you who wait for the Lord.

Psalm 31.24

## PRAISE

A hymn, song, canticle, extempore praise or

In out-of-the-way places of the heart, Where your thoughts never think to wander, This beginning has been quietly forming, Waiting until you were ready to emerge.

For a long time it has watched your desire, Feeling the emptiness growing inside you, Noticing how you willed yourself on, Still unable to leave what you had outgrown.

It watched you play with the seduction of safety And the gray promises that sameness whispered, Heard the waves of turmoil rise and relent, Wondered would you always live like this. Then the delight, when your courage kindled, And out you stepped onto new ground, Your eyes young again with energy and dream, A path of plenitude opening before you.

Though your destination is not yet clear You can trust the promise of this opening; Unfurl yourself into the grace of beginning That is at one with your life's desire.

Awaken your spirit to adventure; Hold nothing back, learn to find ease in risk; Soon you will be home in a new rhythm, For your soul senses the world that awaits you.

John O'Donohue

# THE WORD OF GOD

Monday Psalm 103 Wednesday Psalm 47 Friday Psalm 30: 1-5

Each psalm or group of psalms may end with

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

#### READINGS

#### Monday

Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord.' So, I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, 'Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live.' I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Ezekiel 37. 4-10

#### Tuesday

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Colossians 3.12-17

#### Wednesday

When the centurion heard about Jesus, he sent some Jewish elders to Jesus to ask him to come and heal his servant. When they came to Jesus, they earnestly pleaded with Jesus. "He deserves to have you do this for him," they said. "He loves our people and he built our synagogue for us."

Jesus went with them. He had almost reached the house when the centurion sent friends to say to Jesus, "Lord, don't be bothered. I don't deserve to have you come under my roof. In fact, I didn't even consider myself worthy to come to you. Just say the word and my servant will be healed. I'm also a man appointed under authority, with soldiers under me. I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes. I say to my servant, 'Do this,' and the servant does it." When Jesus heard these words, he was impressed with the centurion. He turned to the crowd following him and said, "I tell you, even in Israel I haven't found faith like this." When the centurion's friends returned to his house, they found the servant restored to health.

#### *Thursday*

Take off your mourning clothes and oppression, Jerusalem! Dress yourself in the dignity of God's glory forever. Wrap the justice that comes from God around yourself like a robe. Place the eternal one's glory on your head like a crown. God will show your brilliance everywhere under heaven. God will give you this name by which to be called forever: The Peace That Comes from Justice, The Honor That Comes from Reverence for God! Get up, Jerusalem! Stand on the high place, and look around to the east! See your children gathered from the west to the east by the holy one's word, as they rejoice that God has remembered them.

Baruch 5. 1-5

### Friday

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Romans 8.18-25

## Saturday

Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, 'Son, your sins are forgiven.' Now some of the scribes were sitting there, questioning in their hearts, 'Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?' At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, 'Why do you raise such questions in your hearts? Which is easier, to say to the paralytic, "Your sins are forgiven", or to say, "Stand up and take your mat and walk"? But so that you may know that the Son of Man has authority on earth to forgive sins'—he said to the paralytic—'I say to you, stand up, take your mat and go to your home.' And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, 'We have never seen anything like this!'

Mark 2. 3-12

#### RESPONSE

Silence, study, reading, or song. Then these words from Scripture:

Little children, let us not love with words or speech but with action and truth.

## This is how we will know that we belong to the truth and reassure our hearts in God's presence.

1.John 18-19

#### **PRAYERS**

Let your prayers be guided by these concerns, and may your heart be led to even more:

- The people of God, for the inspiration of the Holy Spirit
- The natural world, that we might live in creation responsibility
- That the broken and sick will know healing
- That the world's leaders will strive for justice and peace
- The dying will know the joy of resurrection
- For our thanksgivings and celebrations

The following prayer is said to collect the prayers

God, make me brave for life: oh, braver than this.

Let me straighten after pain, as a tree straightens after the rain.

Shining and lovely again.

God, make me brave for life: much braver than this.

As the blown grass lifts, let me rise from sorrow with quiet eyes,

Knowing Thy way is wise.

God, make me brave, life brings such blinding things.

Help me to keep my sight; help me to see aright

That out of doubt comes light.

-Author unknown, from Prayers for Healing, ed. Maggie Oman

The Lord's Prayer is said in whatever language is closest to your heart

THE CONCLUSION

Be strong and let your heart take courage all you who wait for the Lord.

Following the outline of Prayer During the Day from CoE, readings focusing on transformative faith.